

# **Gabby & Finn Water Quiz**

## *Echo in the Well: A Learning Extension*

### **For Families & Educators:**

Use this quiz to reinforce key ideas from *Echo in the Well* and spark conversations about water, health, and caring for the environment.

### **Survival & Water**

#### **1. How long can the average person survive without water?**

- a) One day
- b) About a week
- c) One month
- d) Two months

#### **2. How long can the average person survive without food?**

- a) A few days
- b) One week
- c) About two months or longer
- d) One year

### **Hydration & Health**

#### **3. What happens when your body does not get enough water?**

- a) You become stronger
- b) You become dehydrated
- c) You grow taller
- d) Nothing happens

#### **4. Which of these can be signs that your body needs water?**

- a) Feeling tired
- b) Having a foggy brain
- c) Feeling thirsty
- d) All of the above

#### **5. Drinking enough water can help you:**


- a) Focus better
- b) Think more clearly
- c) Stay energized
- d) All of the above

## Water in Your Body

**6. About how much of the human body is made up of water?**

- a) 25%
- b) 40%
- c) 60%
- d) 90%

**7. Why is drinking water every day important?**

 Your answer: \_\_\_\_\_

## The Bigger Picture

**8. How many people around the world do NOT have access to clean drinking water?**

- a) 1 in 10
- b) 1 in 4
- c) 1 in 2
- d) Everyone

**9. Why can't we drink most of the Earth's water?**

- a) It is too cold
- b) It is too salty or not clean
- c) It is too heavy

## Climate & Water

**10. What is it called when there is a long period without rain?**

- a) A storm
- b) A flood
- c) A drought
- d) A freeze

**11. What can climate change cause that affects water supply?**

- a) More snow
- b) Droughts and less rain
- c) More oceans
- d) More clouds

## Understanding the Message

**12. Why is water called our "life force" in the story?**

 Your answer: \_\_\_\_\_

**13. What is one thing you learned from the "Did You Know?" facts?**

 Your answer: \_\_\_\_\_